



Novice Showjumping with Julia Kerr

When / Where

Dates every 3-4 weeks. Weekday Evenings from 6.30pm – indoors. Muirmill or Woodside

What/ Who

1 ¼ hour lesson. Groups of 3. Height from groundpoles to 70/80cm.

Lesson time extended so you get plenty of practice with the flatwork and still have time for enough jumping to cement what you have learned.

Outline of Session

Lesson start with group warm up on the flat, walk trot and canter. Then individual exercises over poles, typical exercises include groundpoles at 2 canter strides, with turns to further poles and changes of direction. Ridden in trot initially then in canter to practice constancy of stride, balance and turns. About half lesson spent on establishing flatwork. Circling round fences at beginning an end of pole exercise to balance horse and engage hind legs.

Progress to jumping small sections of the course, starting with course as poles on ground and progressing to crosspoles and then small uprights and parallels.

Typically course include a double, uprights, parallels curves, and dog legs with related distances (3/4/5 strides). Rider focus is on presenting to middle of fence, consistency in trot/canter strides, use of the arena space, balance, lines and turns but at heights where you don't have to worry about the fences being too big.

Finish with jumping whole course at increasing heights - fences will be lowered, back poles taken off etc, so you are as comfortable as you can be jumping round.

Ayr Riding Club Says - Great for baby horses, riders who have lost confidence, worry about jumping bigger heights, horses/ riders coming back into jumping work, mounts who feel that jumping is just too much effort etc. If the thought of jumping makes you feel ill these are the lessons for you – bring your own CALMS – it will be fun – honest!

Feedback from riders - Anonymous of ARC (I couldn't get this lady to put her name to it but feedback came from facebook message)

Absolutely brilliant lessons with Julia for past 3 weeks, has really go my mojo back and boosted my confidence as well as we had a good giggle, it was brilliant fun! I can't get a space for the next one as its full so can you please pass on my apologies for missing the final one next week and pass on my gratitude and thanks for the great lessons 😊

Also - from Susan - I took my friend to the novice jumping with Julia. She has never jumped her young horse. She was jumping cross poles @ 55 cm within the hour & had an amazing time. It was fantastic to watch someone achieve so much in such a short time .

Recommend these lessons & a big Thankyou to Julia

P.S ARC will organising these throughout the year so next week is never the final session.....